



Avghi Constantinides, MA, D.Hom, HMC, is a professional Homeopath from London in practice in California. She holds a Bachelor's of Science in Nutrition, a Master's Degree in Homeopathy and Advanced Clinical Homeopathy, a Diploma in Homeopathy, and is a Homeopathic Master Clinician. She has been a guest speaker on radio & TV shows. She has studied with some of the most renowned prominent homeopaths in the world, including Rajan Sankaran, Jan Scholten, and Louis Klein. Avghi and Louis Klein are the co-founders of the Los Angeles School of Homeopathy. Louis Klein says, "Avghi is one of the best homeopaths California has to offer."

I invite you to explore what homeopathy can do for you.

Stay well,

Avghi

Homeopathy
restores the immune
system/vital force
by treating the
entire person, not
just the symptoms.

Because you deserve
a natural & safe
alternative to your
health...



Homeopathy For Life
Visit the website!
www.homeopathyforlife.com

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HOMEOPATHY
May Be the Answer
for You



Sick and tired of being sick
and tired...

Reach for your medicine
cabinet frequently just to get
through the day...

Worried about the meds you
are taking and the side
effects...



Desiring a more healthy life
without harmful drugs...



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What is Homeopathy?

Homeopathy is a natural system of healing that works by using a small dose of a substance to help stimulate the body's healing process. Homeopathy is an effective, safe, gentle treatment. Homeopathy is based on the principle of the "law of similars."



How it Works

The homeopathic remedy *Allium Cepa* (Red Onion) is used to treat hay fever like symptoms, like a runny nose and watery, burning, itchy eyes that occur with the common cold or allergies, the very same symptoms it would cause if one were cutting a red onion.



Strengthening the Constitution

Do you feel that you need to take mega-supplements, tonics and maintain a strict diet or else your chronically recurring problems will flare up? Symptoms are all signs our body gives us when our immunity (vital force, governing system) is stressed out and off-balance.

To a Homeopath these symptoms are great clues in the investigation for the remedy that most closely matches YOU—your constitutional remedy!

Homeopathy, the Safe Alternative

Your Health

A person with a strong constitution can handle dietary indiscretions, stresses, exposure to some germs, and life crises without getting ill. We are each born with a constitution that is individual to us and which contains weaknesses and strengths inherited from our ancestors.



Vs



Homeopathic vs. Allopathic

(Western medicine)

Picture a house with windows, doors, a roof, and plumbing, all sitting on a solid foundation. An earthquake occurs. The house shifts on its foundation; windows break; pipes rupture; ceilings come crashing down. You engage a plumber to fix the pipes, a carpenter to mend the doors, and a roofer to replace the tiles.

But it's really the foundation that needs stabilizing in order to balance the house in its right place, and to fortify it against future earthquakes.



Western medicine is like the plumber, the carpenter, and the roofer. It looks at the individual parts and tries to make them work. Homeopathy looks at the whole foundation and seeks to provide long-term solutions to your health problems.

Homeopaths treat by similars.

Allopaths treat by opposites.

Testimonials

My sessions with Avghi have been truly unlike any medical experience I've ever had. No other healing modality has transformed my body, mind, and spirit like homeopathy does. Avghi is completely present, sensitive and caring in her professionalism and integrity as a healer. *V. G., Massage Therapist*

I had anxiety/panic attacks. I had tried several other resources but I still was having problems. When I talked to Avghi on my first visit I found her very comforting, plus I felt she truly wanted to help me overcome this problem that was affecting my daily life. Shortly after seeing her I noticed my level of anxiety was dropping and within a few months I felt like a new person. When I first went to her I was at the point where I was suffering from daily panic attacks which caused me to miss out on many things in life. I was amazed and grateful how, with the help of homeopathic medications, I am now able to live a life that I truly desire. *J.A. Director, Professional Organization.*

I began working with Avghi to balance my body as I move into menopause and also deal with genetically related health concerns. Working with Avghi regularly has radically shifted my relationship with my body and my health. With her guidance, I lowered my cholesterol in only 4 months from over 300 to 215, to my physician's surprise and delight. I also learned how to get myself back on track when I get lazy about my diet. Avghi's gentle but knowledgeable support as my "body coach"—plus her amazing custom-blended flower essences—continue to make a huge difference in my health and my life!

B. S., Life Balance Coach & Writer

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